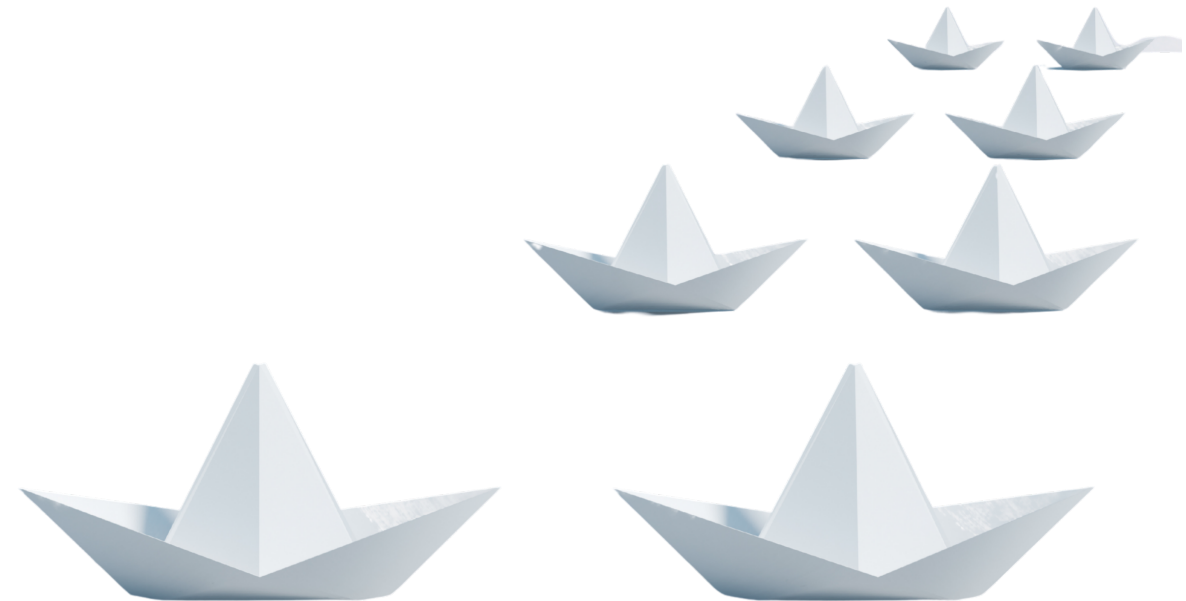


From Novice To Navigator

Building Managerial & Leadership Capabilities for Today's Business Challenges

By Tanzeel Raza



From Novice To Navigator

About The Program

Most professionals are promoted into leadership because they were excellent **individual contributors**, not because anyone taught them how to lead. From Novice to Navigator closes that gap.

This is a behavior-based leadership development program built around core leadership competencies that determine whether a manager simply supervises tasks or genuinely leads people. Rather than teaching leadership as theory, the program is built around practical tools, models, and frameworks that participants apply in the room through **case studies, role plays, and purpose-driven activities**.

Every organization's leadership gaps look different, so the program is customized to the client's context: which competencies get the most time, which case studies are used, and how the modules sequence are shaped around the specific **pain points** the organization is navigating.



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Learning Objectives

Identify, explore and understand Gen Z behaviour patterns, challenges and management style.

Assess your management style, identify personal values, limiting beliefs and learn effective leadership practices.

Self-awareness



Learn how to give clear instructions, tackle difficult conversation and master the art of diplomacy.

Effective Communication



Learn how to give constructive feedback on performance and behaviour of team members.

Team Feedback



Managing Gen Z



Learn practical ways of having difficult conversations.

Crucial Conversation



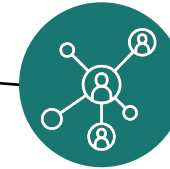
Learn how coaching can be used to improve performance and build relationship with team members using GROW model.

Manager As A Coach



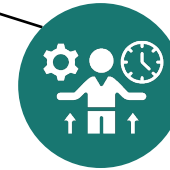
Learn how to tackle and manage office powerplay and politics.

Office Politics & Power Play



Learn how to delegate effectively while building ownership and accountability in teams.

Effective Delegation



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Modules

Module 1: Building Selfawareness

Key Learning Topics

- Assess personal management style
- Explore and indentify core beliefs and values.
- Align personal values with organizational values and explore effective behaviours.

Module 2: Effective Communication With Internal and External Stakeholders

- How to give clear instructions.
- Ways of managing difficult conversation.
- Understanding emotions and verbal cues in challenging conversation.
- Learn how to use body language and facial expression to communicate effectively.

Module 3: Team Feedback

- Learn and apply feedback models through role plays.
- Assessing your team member's performance without bais.
- Balancing concern for people and concern for results.
- Understanding feedback conversations from behavioural and emotional points of view.

Module 4: Manager As A Coach

- Learn the impact of effective coaching on team member's performance.
- Using coaching conversations for performance improvement and career building.
- Applying grow coaching model through role plays.

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Modules

Module 5:
Effective
Delegation &
Accountability

Module 6:
Navigating
Office Power &
Politics

Module 7: Crucial
Conversations

Module 8:
Managing Gen Z

Key Learning Topics

- Learn and apply the accountability, responsibility, and ownership framework through practical case studies.
 - Learn how to delegate effectively using the Skill–Will Matrix.
 - Apply the DELEGATE model to assign tasks with clarity and ownership.
-
- Identify formal and informal power structures in an organization.
 - Learn ethical ways to build influence, credibility, and trust.
 - Improve your visibility at work.
-
- Structure and lead difficult conversations with confidence.
 - Communicate clearly while managing emotions.
 - Addressing issues early to improve team performance and retention.
-
- Understand Gen Z mindset, behavior patterns and motivation.
 - Practice effective Gen Z techniques suited to leading a diverse team.

Training Methodology

- Assessments
- Case Studies
- Group Discussions
- Role Plays
- Purpose Driven Activities
- Action Planning

Meet The CEO

The person behind **20,000+** transformations.



Tanzeel Raza

#RISE ABOVE ORDINARY

Tanzeel Raza is **the CEO of Meaningful Lives** and a seasoned corporate trainer, consultant and coach, specializing in leadership development, personal productivity, and workplace wellbeing. With a strong emphasis on soft skills training, he empowers professionals and organizations to achieve sustainable growth through practical, **human-centered learning experiences**.

He has over **10 years** of experience in training & transforming professionals and organizations in **Australia** and Pakistan. He has worked with top global organizations, include "**Hudson Global Resource**", a leading MNC providing learning and staffing solutions in Australia. Tanzeel's training programs are designed based on latest academic researches, **proven tools**, frameworks, models and includes **real life corporate** short case studies to build relevance and relatability with his audience. He has facilitated more than **750 trainings** in Pakistan, has worked with more than **100 organizations** and have trained more than **20,000** professionals from all walks of life.

— CREDENTIALS & CERTIFICATIONS

- **MBA — International Business**

CQ University, Australia

- **Certified Professional Trainer**

IAPPD, United Kingdom

- **Certified Fitness Trainer**

Australian College of Sports & Fitness

- **Certified Public Speaker**

California Inst. of Behavioural Neurosciences

- **ACCA Affiliate**

Assoc. of Chartered Certified Accountants

- **Certified Boxing Trainer**

Punchfit, Australia

Clients Served

Trusted by Pakistan's most respected organizations.

Financial Services Sector



Textile Sector



FMCG & Manufacturing Sector



Oil & Gas Sector



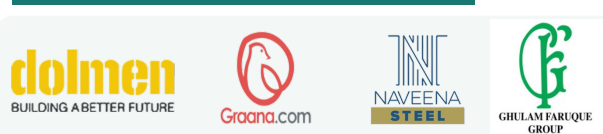
IT Sector



Logistics & Transport



Real Estate & Construction



Retail Sector



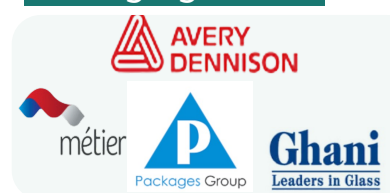
Pharma Sector



Automotive Sector



Packaging Sector



NGO Sector



Education Sector



Other Sectors



Meaningful Wellness Program



HR Head — Pak Suzuki

Timraha

youtu.be/heRlstw6nrg



Adamjee Life

Hammad

youtu.be/US-WGO-seKk



Askari Bank

Nabiha Sheikh

youtu.be/NAMzjsib5HU

Leadership Development Program



PCI Group

Leadership Testimonial

youtu.be/qu1B6oUWPzY



Maya Tax

HR Manager

youtu.be/9Y4qnuhPZOQ



PV360

Sales Director

youtu.be/kNYsK1ETE9M

Personal Productivity Program



Lotte Chemical

Productivity Program

youtu.be/-QZ1TxR6yGI



Faysal Bank

Productivity Program

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Summit Bank

Service Quality Head

youtu.be/ReYHfAB_WR8

EI for Workplace Excellence



Paysys Labs

Director Product Eng.

youtu.be/DrqAqiEBcRE



Paysys Labs

Manager HR

youtu.be/oaOKwPLWPgE



Paysys Labs

Marketing Executive

youtu.be/35Sm1_KWhCQ

Team Building Retreats



IBA

Dr Syed Irfan Nabi

youtu.be/GRngQhplNSY



D&B Global

Aliza Iqbal

youtu.be/oW-piiBQMKQ



State Bank of Pakistan

Senior Management

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